



ISPN INDIA

Indian Society Of Psychiatric Nurses (Reg.)

INDIAN SOCIETY OF PSYCHIATRIC NURSES (ISPN INDIA)
ORGANIZES A WEBINAR TO COMMEMORATE

WORLD MENTAL HEALTH DAY 2026

Theme

Including Patient Narratives: Enhancement of
Treatment Outcomes in Mental Disorders



Chief Guest

Dr T Dileep Kumar,

President, INC & Patron, ISPN

Has Consented to inaugurate the Webinar and Release the INC
Prescribed Elective Modules



Speaker 1

Ms Umamaheswari Venugopal,
MSN, RN, NEA, BC,CCRN

Executive and Educator

Professor, William Paterson University, Wayne,
NJ; Lead faculty for Nursing Leadership Drug
Diversion Lead, Saint Peter's Healthcare
System, New Brunswick, New Jersey 08
President, NAINA, USA



Speaker 2

Dr. Tara Shajan, PhD RN MSN
MBA PMH-BC

Chief Nursing Officer,
OMH NYS /KPC : NEWYORK, USA
ANCC Psychiatric –
Mental Health Nursing Certified
Vice President: NAINA, USA



Moderator

Dr. Sandhya Gupta, PhD

Health Consultant & Life Style Coach
Vice President (Acad.) ISPN, India

Scan/ Touch
QR code to
Registration



Date: 13/10/2026
Time: 05:00 PM – 07:00 PM (IST)

Zoom link: <https://us06web.zoom.us/j/84458006402?pwd=RhOnuVeSuN8WzTdZktCnphEofKYVzO.1>

Who can attend?

- Nursing professional & Nursing students



Programme Schedule

Date: 13.10.2026, 5:00 pm to 7:00 pm

Sl No	Start time	End time	Duration	Event
1	5:00	5:03	00:03:00	ISPN Anthem
2	5:03	5:08	00:05:00	Welcome Address - Dr K N Jayanthi PhD, Treasurer, ISPN
3	5:08	5:13	00:05:00	Unveiling the World Mental Health Day theme - Dr K Reddemma PhD, Patron, ISPN
4	5:13	5:18	00:05:00	About the webinar - Dr Sandhya Gupta, Vice President (Academics), ISPN
5	5:18	5:23	00:05:00	Introduction to the Elective Modules - Dr M Vijayarani PhD, Internal Auditor, ISPN
6	5:23	5:38	00:15:00	Release of Modules and Address by the Chief Guest - Dr T Dileep Kumar, President, INC & Patron, ISPN
7	5:38	5:43	00:05:00	Presidential address - Dr G Radhakrishnan PhD, President, ISPN

Webinar on 'Including Patient Narratives: Enhancement of Treatment Outcomes in Mental Disorders'

8.1	5:43	5:46	00:03:00	Introduction of the speakers - Dr Sandhya Gupta PhD, Vice President (Academics), ISPN
8.2	5:46	6:16	00:30:00	Expert talk - Ms. Umamaheswari Venugopal, MSN, RN, NEA Professor, William Paterson University, Wayne,
8.3	6:16	6:46	00:30:00	Expert talk - Dr. Tara Shajan, PhDH RN MSN MBA PMH-BC, Chief Nursing Officer, OMH NYS /KPC : NEWYORK,USA
8.4	6:46	6:53	00:07:00	Q & A
9	6:53	6:58	00:05:00	Vote of thanks - Dr G Balamurugan PhD, General Secretary, ISPN
10	6:58	7:00	00:02:00	National Anthem



ISPN India - Executive Committee Members

Patrons & Founding Members



Patron (ISPN-India)
Dr. T. Dileep Kumar
The President,
Indian Nursing Council,
New Delhi



Dr. K Reddemma
Patron - ISPN India
Nodal Officer INC Ph.D.
Consortium St Johns College
of Nursing, Bengaluru



Dr. Nagarajaiah
Founder General Secretary
No- 67/82, 3rd Cross,
Amarjyothi Nagar,
Vijayanagar Bengaluru



Dr. Ramachandra
Founder members/Special Invitee
Former Prof and HOD, Dept of
Nursing, NIMHANS

Executive Committee (Elected)



Dr. G Radhakrishnan
President
Faculty of Nursing, NIMHANS,
Bengaluru



Dr. Sandhya Gupta
Vice President (Academics)
Health Consultant & Lifestyle
Coach, Formerly Principal
(Acting) & Associate
Professor, CON, AIIMS,
New Delhi



Dr. Arunjyoti Baruah
Vice President-Administration
(Nominated)
Prof and HoD, Dept. of Nursing,
LGBRIMH, Tezpur



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General Secretary
Assistant Professor of Nursing, Na-
tional Apex Coordinating Centre for
Tele MANAS, NIMHANS Bengaluru



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Mr Sanjay Sevak
EC (North)
Faculty, College of Nursing, AIIMS,
Jodhpur, Rajasthan